1. On the cross, Jesus Christ took the condemnation of the Father’s wrath in the place of all who trust in Him. So, there is now no condemnation for all those who are in Him.
2. When we are united with Christ through trust in Him, we receive the power of the Holy Spirit and are set free from the power of sin and death.
3. Without the work of the Holy Spirit, no one can do anything to the glory of God. Without the work of the Holy Spirit, no one can do anything in faith. Thus, an unbeliever cannot do anything other than sin. They are always breaking the commandment of God.
4. God sent His Son Jesus, who is truly man and truly God. God then laid upon Jesus all the sins of all those who would believe in Him. He then condemned that sin by pouring out His wrath upon all our sin in the body of Jesus on the cross.
5. Christians are those who continually are setting their minds on the things of the Spirit. Unbelievers are those who are setting their minds on the things of the flesh. The things of the Spirit come from the Word of God.
6. Those who set their minds on the flesh are hostile to God. Unbelievers cannot submit to God’s Law, not even a little bit. Unbelievers cannot please God, not even a little bit.
7. When we receive the Holy Spirit in our hearts at conversion, Christ Himself is living in our hearts. Even though the body of our sinful nature is still dead because of sin, the Holy Spirit still gives us life through the righteousness of Christ.
8. Those who have God’s Spirit have the resurrection power of God dwelling in them. They are united with Christ in His resurrection and receive new spiritual life in Him.
9. Unbelievers are those who live according to the flesh and will ultimately reap spiritual death. But believers in Christ will put to death the deeds of the body and will ultimately receive life.

Application

1. As you struggle with sin, look to Jesus, who has taken your condemnation on the cross. His finished work has set us free from the power of sin.
2. Set your minds on the things of the Spirit and not the things of the flesh. The things of the Spirit are found in the Word of God. So constantly be meditating on the truth of His Word.